

**Programme ISES meeting Saturday 21st January 2023**

08.30 Registration

09.00 Welcome Address Mr Hannan Mullett

09.10 Optimising exercise interventions for rotator cuff tendinopathy

Prof Karen McCreesh

09.50 Evolution of repair of large rotator cuff tears Dr JD Kelly IV

10.10 Avoiding burn-out Dr JD Kelly IV

10.30 Q&A

10.40 Coffee

11.00 Free Paper Session

Adjudicators: TBC

12.15 Lunch

13.15 Current Concepts Review

(3x15 min, 10 min talk, 5 min discussion)

Revision Shoulder Arthroplasty

Non arthroplasty options in GH OA

AN other

14:00 Shoulder Instability- current state of the art Dr JD Kelly IV

13.15 Physiotherapy Parallel Session Mr Eoin O Conaire

The Spectrum of rotator cuff related shoulder pain: applying an evidence-based approach to inform what we do in clinic. What can we do to get people better?

15.00 Coffee

15.30 Close and Awards

15.45 Business meeting/ISES update/AGM